

**WOMEN EMPOWERMENT CELL- AARADHYA  
REPORT ON WEBINAR  
'BREAST CANCER AWARENESS'**

Date: 15/07/2021

Mode: Google meet

Time: 3.30 Pm

**Objectives:**

Gynecology is a vast topic and awareness of breast cancer is the need for the hour for women. The session entails a comprehensive understanding of Breast Cancer and on related social taboos and hygienic practices which will be beneficial to our staff in addition to emphasizing the need to keep the body healthy and hygienic.

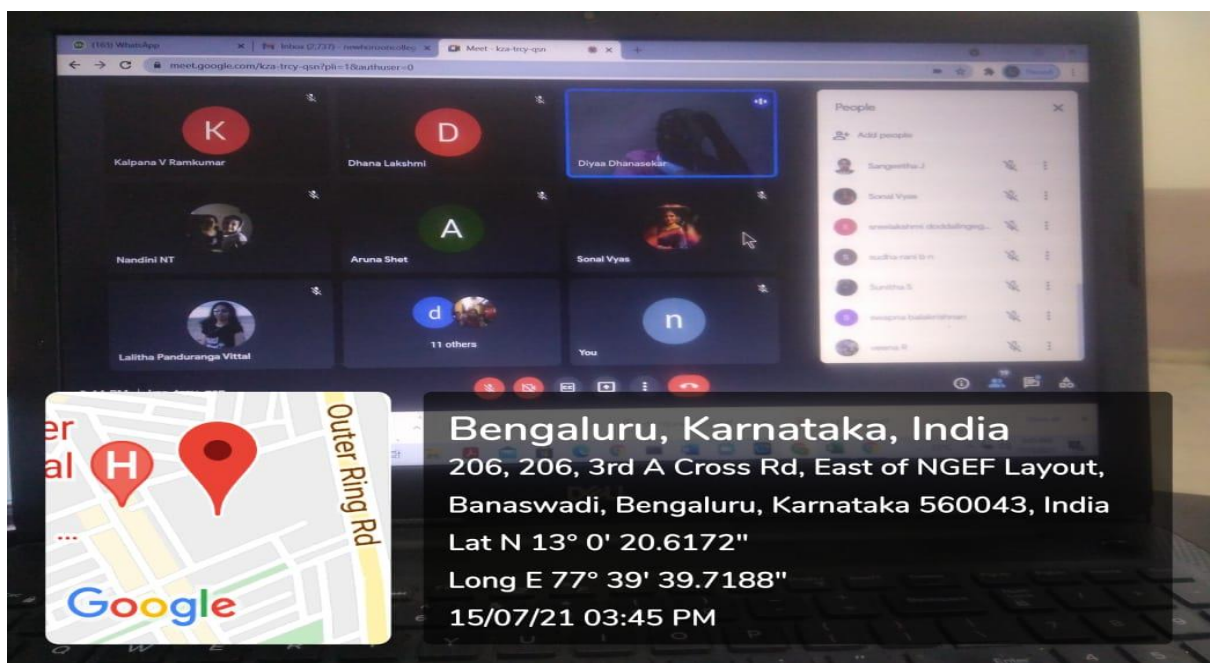
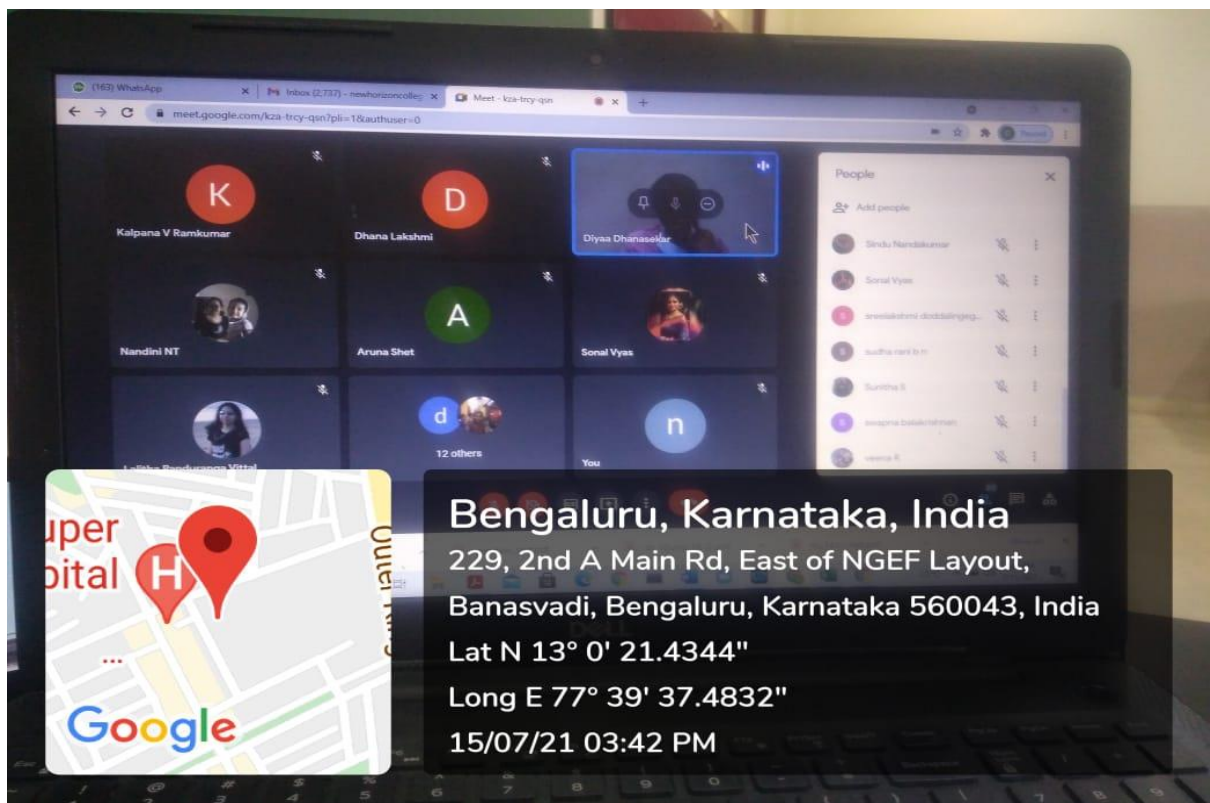
The Women's Cell 'Aaradhya' of New Horizon College organized a webinar for the staff on 15<sup>th</sup> July 2021 at 3.30 Pm. The session was conducted by Dr. Pramya Nanjundan, MD (OG), DNB (OG) FRM. She is the Clinical Director at Dharan Women's Care & Fertility Centre and Dr. Pramya's Women & Fertility Clinic, Salem, Tamil Nadu.

After a formal welcome by Ms. Sudha, the speaker Dr.Pramya began the session by introducing the staff to the concept of breast cancer and educated about the ways to self-analyze and check even slight abnormalities and changes. She spoke about the doctor consultations under different situations and stressed on the practice of regular checkup and monitoring for better health. The session created an understanding that the breast cancer was common and is rapidly increasing today and the key is prevention by following hygienic practices. The session saw active participation among the staff who posed numerous questions, which the speaker addressed. The webinar ended with the vote of thanks by Dr.Chitra who expressed her gratitude to the resource person for her valuable inputs.

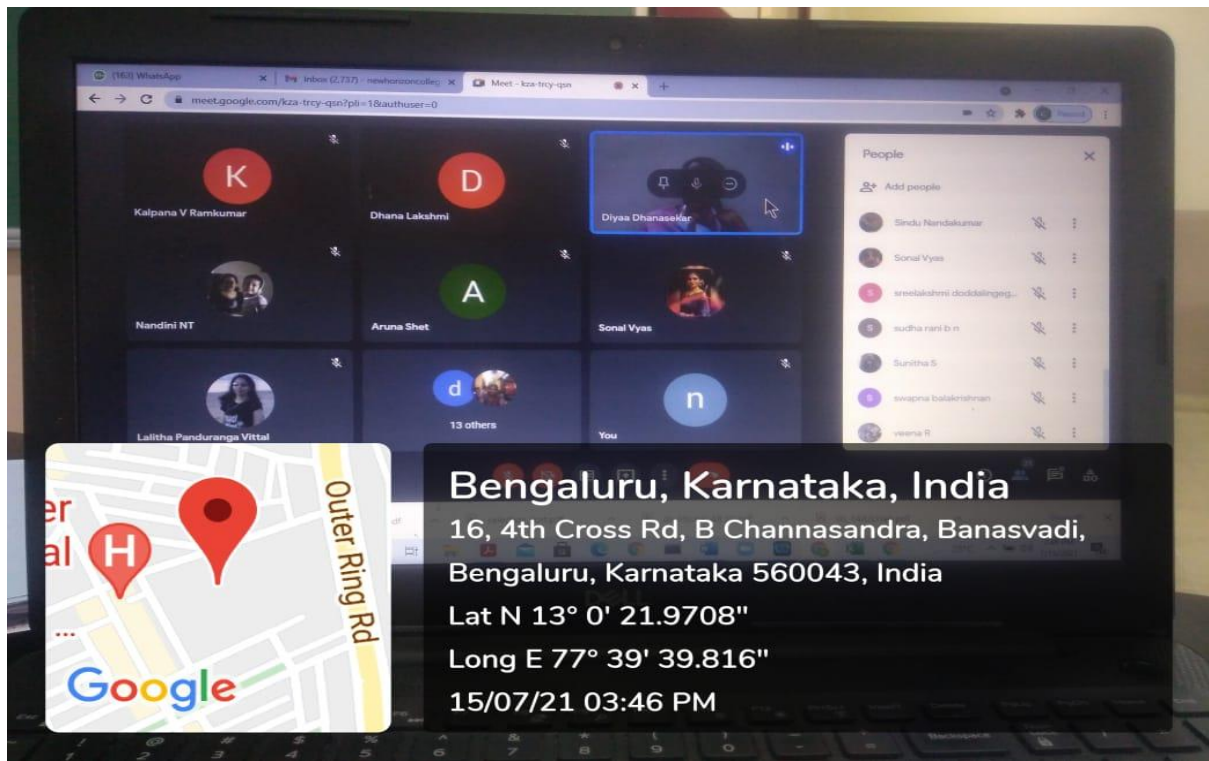
**Outcome:**

The objective of the webinar was achieved as the participants learnt about ways to tackle their health issues especially on topics that are usually discussed very discretely and also understood the importance of regular health checkups and avoid future complications. They also acquired information on the various precautions and measures to be adopted for a healthy living.

Gallery



Dr. Pramyia Addressing the staff on Breast Cancer



Interaction in the session with Dr. Pramyia

CO ORDINATORS

Ms. Sangeetha J

Dr. Chitra

PRINCIPAL IN CHARGE

DIRECTOR